

“COME HOLY SPIRIT, ENKINDLE IN US THE FIRE OF YOUR LOVE”



ARCHDIOCESE
of
KINGSTON

JOURNEY

COMMUNICATOR FOR THE ROMAN CATHOLIC
ARCHDIOCESE OF KINGSTON

TESTIMONIES ON LIFE
WITH THE HOLY SPIRIT

ARCHIVES
COLLABORATION PROJECT

COROAÇÃO
FESTIVAL OF THE HOLY SPIRIT

MAY 2023

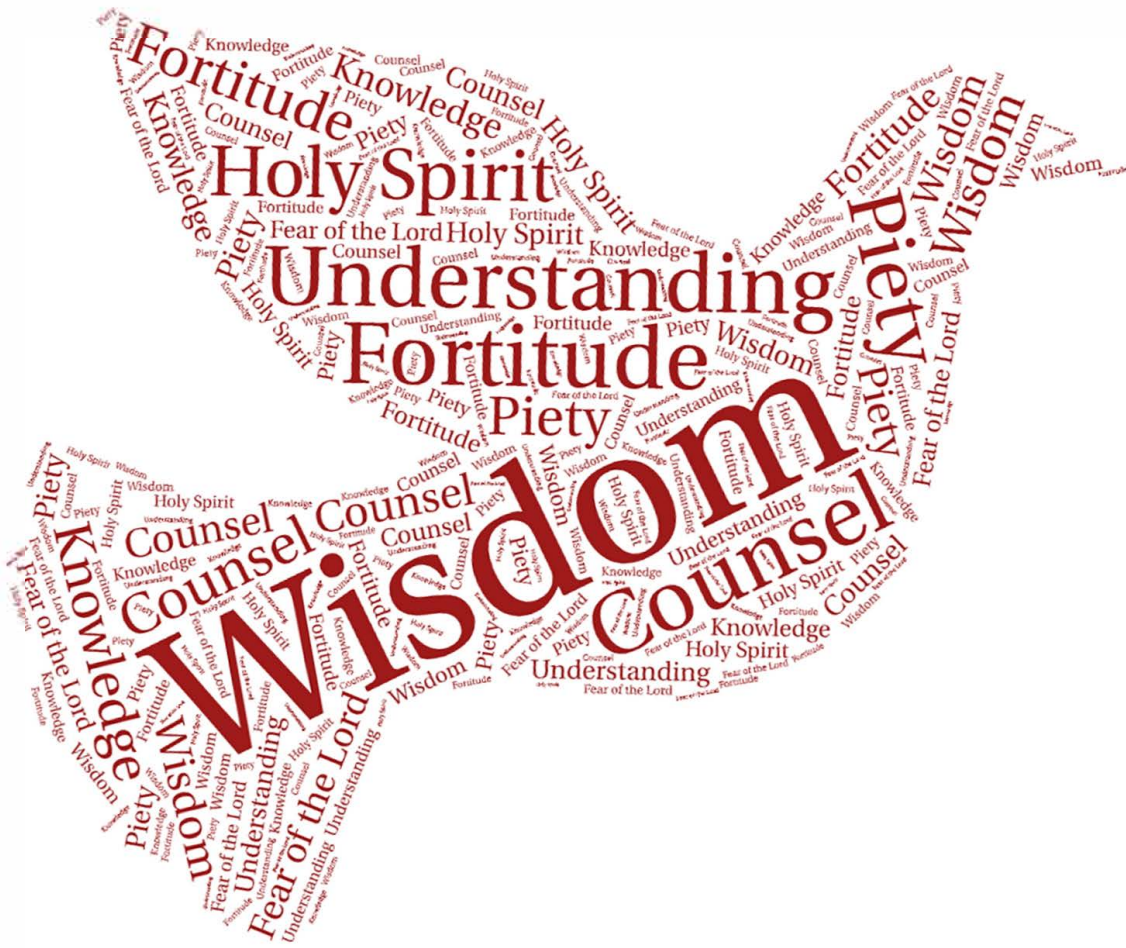


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Art by Easton, Grade 3, ERLS

A photograph of Archbishop Michael Mulhall, a man with glasses wearing a red cassock and a white and gold mitre, speaking at a stone podium. To his right are three tall, ornate candlesticks with white candles. The background shows a church interior with steps.

Message from Archbishop Michael Mulhall

My dear faithful of the Archdiocese,

My greetings to you in the Lord Jesus. I pray that our continued celebration of Easter may bring us to a deeper knowledge of the power of Christ's resurrection and renew our lives through the Spirit within us.

Based on the testimony of many within our Archdiocese and beyond, our celebrations of Easter this year brought forth many graces and blessings. I am deeply thankful to the Lord for His special care for us this year. May we always know of our need for His daily presence.

As workers in the Lord's vineyard, we testify to the resurrection of Jesus. We do this with our lives and our words which proclaim Jesus, the Risen Christ, and His way of life. Our work in the vineyard will be a fruitless task unless our efforts are filled and guided by the Holy Spirit. Sustained by the life-giving energy of the Holy Spirit, our human tasks are transformed by the master of the vineyard into the very work of the Lord. In this earthly life, the renewal of our lives and the renewal of the Church never ends.

An essential component of working in the Lord's vineyard is to pray constantly for the grace of the Holy Spirit. This is my simple request for each of you as you read this edition of Journey. Let us pray as one for the gifts of the Holy Spirit in these days before Pentecost. Many of the articles of this edition are intended to assist us in our prayer.

An ancient Church writer said that those who are filled with the Holy Spirit are led to the Word of God, that is to the Risen Jesus. This Risen Jesus, encountered by the disciples and apostles after Easter, presents us to the Father. The Father in turn confers eternal life. This simple teaching provides an abundance of material for our prayerful reflection.

Our age, like so many in the past centuries, presents many opportunities to proclaim the Risen Christ. The very name of Jesus is still unknown to many souls. Even more have not experienced the joy of a personal life-giving relationship with the Risen Christ. As we resolve to take up these tasks, let us first pray together that our hearts be filled with the breath of the Holy Spirit. Then, sharing the joy of the early disciples at Pentecost may we be given strength to love our neighbour and proclaim through our words the abiding joy of the Easter mysteries. O Lord, send forth your Spirit and renew the face of the earth, alleluia.

With my continued prayers,

+Michael Mulhall
Archbishop of Kingston



Sacrament of Confirmation



Families and parish communities across the Archdiocese are in the midst of celebrating their young people as they receive the Sacrament of Confirmation. Initiation in the Catholic Church is completed with this Sacrament which follows Baptism, First Reconciliation, and First Holy Communion. The Liturgy of Confirmation begins with confirmandi renewing their Baptismal promises and professing their faith. The Archbishop then extends his hands over the group of confirmandi and invokes the outpouring of the Holy Spirit saying,



All-powerful God, Father of our Lord Jesus Christ,
By water and the Holy Spirit
You freed your sons and daughters from sin
And gave them new life.
Send your Holy Spirit upon them
To be their helper and guide.
Give them the spirit of wisdom and understanding.
The spirit of right judgment and courage,
The spirit of knowledge and reverence.
Fill them with the spirit of wonder
and awe in your presence.
We ask this through Christ our Lord.

Pictured above: Archbishop Mulhall presides over the Confirmation at Holy Rosary Parish with concelebrant Fr. Dale Wright. Below: Archbishop Mulhall, Fr. John Brennan, Deacon Nick Whalen, and the newly confirmed youth of Our Lady of Lourdes Parish, Kingston.





The choir for Catholic Education Week at St. Joseph's was made up of students from St. Mary Read and Holy Name of Mary Marysville. They were thrilled to sing with professional Christian performing artists, Josh Blakesley Band.



Archbishop Mulhall, Fr Rod McNeil, Fr Tim Harrison and Fr Dale Wright process into the Catholic Education Week Mass at St. Joseph in Belleville on May 2, 2023.

WE ARE MANY, WE ARE ONE

CATHOLIC EDUCATION WEEK

The Algonquin and Lakeshore Catholic District School Board (ALCDSB) and the Catholic District School Board of Eastern Ontario (CDSBEO) celebrated the gift of Catholic education with a special week of recognition from April 30 to May 5, 2023. The theme was, We are Many, We are One, based on Romans 12:5, "We, who are many, are one body in Christ, and individually we are members, one of another." Special liturgies, community events, and student performances took place in Catholic schools across the Archdiocese and throughout Ontario. It was the first time in three years that both school boards have been able to celebrate in person with Holy Mass during Catholic Education Week.

Header image from St. Joseph Catholic School, Belleville.

The Gentle Hand of the Holy Spirit in My Life

By Donna Cobanna

As Catholics, we know the Holy Spirit as the Third Person of the Trinity, the Lord, and Giver of Life. Some may see a lofty whispering spirit far away from our simple daily lives, yet others KNOW that He guides our choices and decisions with His seven gifts (wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord) as Protector, Comforter, if we just open ourselves, if we listen.

The Holy Spirit came into my life, sheltered me, and guided my steps before I even recognized the possibility of grace or the reality that I was never alone. Life's experiences taught me, in baby steps, to invite the Holy Spirit more fully into my life and acknowledge the many roses among my thorns.

A childhood permeated with poverty and family dysfunction can make a youngster feel unworthy. Our family moved often, back, and forth between Hamilton and Toronto, and I count at least 13 schools to complete elementary and secondary education. Because of the constant new classmates, I didn't have the opportunity to create those life-long friendships that many people hold dear. As a child and adolescent, I often found myself in unhealthy and sometimes dangerous and even illegal situations. Looking back, it appears as if I was searching for a place to belong, compromising my not-yet fully-formed sense of right and wrong. I certainly didn't have any long-term plans or goals!



When I was about 15 years old, I was passing St. Anne's Catholic Church on Barton Street in Hamilton. Organ music was drifting outside, inviting me to enter. I crept into tranquility, a place to just be, only myself and an unseen organist way up in the balcony. I settled into one of the pews and listened. And listened. And listened. I heard more than just the liturgical music. I felt different, lighter, and realized I was not alone. Since I walked out of St. Anne's that afternoon, I was committed to attending Sunday mass and learning more about being Catholic. I believe that day was my conversion. As an adult, I KNOW that without the gentle hand of the Holy Spirit in my life, my world would be very different. I truly owe all my personal and professional successes to that empowering moment so long ago. I KNOW He hears my two most common prayers – "Help me" and "Thank you." There is nothing more powerful than the feeling of divine love.

As a retired educator, volunteerism lets me give back in small measure some of the gifts of the Holy Spirit I have received. I enjoy supporting students and staff in schools. My time at Kingston Birthright gives action to championing the unborn and their mothers. Prison Ministry allows me to mentor men of many ages as they struggle to find their worthiness in an often-indifferent world. As volunteers, we give the gift of our time, but we also share our faith journey with many who are only discovering the Holy Spirit and the real power of prayer.

My most treasured quote by Father Greg Boyle speaks to the Holy Spirit's everlasting mercy, forgiveness, and acceptance of both ourselves and others: Every human being is a whole lot more than the worst thing they have ever done.

Be still and know... (Psalms 46:10)



My Life With the Holy Spirit

By: Fr. Francis Zambon

When I think back, I probably had experiences when I was young that I didn't recognize were interactions with the Holy Spirit: the sense of being drawn to prayer, the joy of altar serving at the Easter Vigil, my conscience directing me toward or away from something. These were all little ways that the Holy Spirit was guiding me. But it probably was not until close to the end of high school that I was first able to express that maybe God was calling me to the priesthood. I had good relationships with our parish priests growing up so I had some idea of what that meant, but I also had a strong desire to get married and have a family of my own. The sense of a call to the priesthood resurfaced again during my second year of college for carpentry when I got involved in youth ministry. When I shared the faith that I received from my parents, grandmother, and parish community by playing music for Mass, giving talks and telling some of my story, I noticed that it was helping the high school students who were going through difficult times in their lives, often much more difficult than I had experienced myself.

As time went by, I started becoming more aware of what the Holy Spirit seemed to be saying, but I realized that I needed help sorting things out. I got connected with Fr. Shawn who was in Spencerville at the time, and started seeing him for Spiritual Direction. He helped me to grow in my prayer life, to be more intentional about asking God to reveal His will to me, and then being attentive to the ways that He answered those prayers.

By the time I graduated from college and started working, I felt like there was something missing. Even though I enjoyed my work as a carpenter, I had a longing in my heart to be able to do more for people. I was starting to recognize a greater happiness or satisfaction when I was doing youth ministry than when I was building things out of wood. The Holy Spirit was helping me grow little by little and was slowly preparing me to take the next step. But there were also some more significant moments along the way as well.

After World Youth Day in Germany, our group spent a few days in Rome. During a general audience at the Vatican, I was able to shake Pope Benedict's hand as he walked by. At that moment the phrase, "Come follow me" came to my mind. Several months later, I received a card in the mail from a Sister I met at the general audience. Even though I had only shared about this moment with my Spiritual Director, she included a photo of me shaking the Pope's hand with the comment, "It looks like he is saying, 'Come follow me'".





It was a few months after that when I finally decided to enter the seminary. After I had been in the seminary for 5 years, and had completed my pastoral year in a parish, I was still struggling with the desire to be married and have a family, so I decided that I was going to take time off and go back to carpentry work. However, I continued to be restless. Thankfully I was able to recognize that my prayer life had not been strong during my pastoral year, and that I couldn't make a decision about my vocation in a time of spiritual desolation. I decided to go on a 30-day silent retreat in Colorado. The first half of my time at that retreat was focused on opening my heart again to a possible vocation to the priesthood, if that was what God was calling me to. At that point, my Spiritual Director had me make two lists, outlining the reasons why I felt called to the priesthood and to marriage. He then had me spend the next day praying with the two lists to decide which way I was going to go. It was a difficult day spiritually and emotionally to say the least.

By the time I went to bed, my stomach still in knots, I had decided that I would tell my director the next day that I was choosing to pursue marriage. But when I woke up in the morning I was not at peace with that decision. After telling my spiritual director that it seemed like God was revealing that I needed to give the priesthood another chance and go back to the seminary, I returned to

my room and was overwhelmed with the greatest sense of peace and joy I've ever experienced. Unlike my choice not to return to seminary at the end of my pastoral year, this was a decision I made in a time of consolation. That sense of peace remained for the rest of my retreat and as I re-entered seminary life, confirming that it was where the Holy Spirit was guiding me. Although I had been asking for clarity for years, I don't think I was mature enough to get an answer any earlier than I did.

It leads me to marvel at the patience of God and His timing. I can look back and see that the Holy Spirit was at work even in the decision to go to college for carpentry. It gave me time and space to grow up and gain life experience, while still being close enough to home to be involved in youth ministry in Cornwall on the weekends. Even the struggle to discern my vocation meant that I made arrangements to go on the 30-day retreat. The clarity and peace I received there has been a safe harbour to return to in difficult times and helps me to dismiss those temptations which try to challenge my decision to be a priest. I have come to see that every vocation and path in life has both its joys and its struggles, but when we have taken the time to discern well where God is calling us, we will have a solid foundation we can trust in when the storms of life come up.

Over the course of my lifetime, it has become easier to recognize the

prompting of the Holy Spirit. At times it is through the voice of others, the words of Scripture, or thoughts that seem to come out of nowhere. And other times those promptings are simply a feeling in my gut that is hard to articulate – whether a restlessness or a sense of peace – depending on where He is trying to direct me. Because the Holy Spirit is a person, I have been able to learn about Him and how He communicates from the experiences of others and the lives of the saints, while at the same time recognizing that each of us will have a unique relationship with the Holy Spirit as well. I have also come to see that the evil one is both subtle and creative in how he tries to lead us astray, meaning that I must always be vigilant and reflect on the source of the prompting and inspirations that come to me. But in the end, I know that regardless of the temptations and distractions that may come, the Holy Spirit will continue to guide me and give me the grace to follow where He leads if I do my best to be attentive and respond to that grace.

ARCHIVE

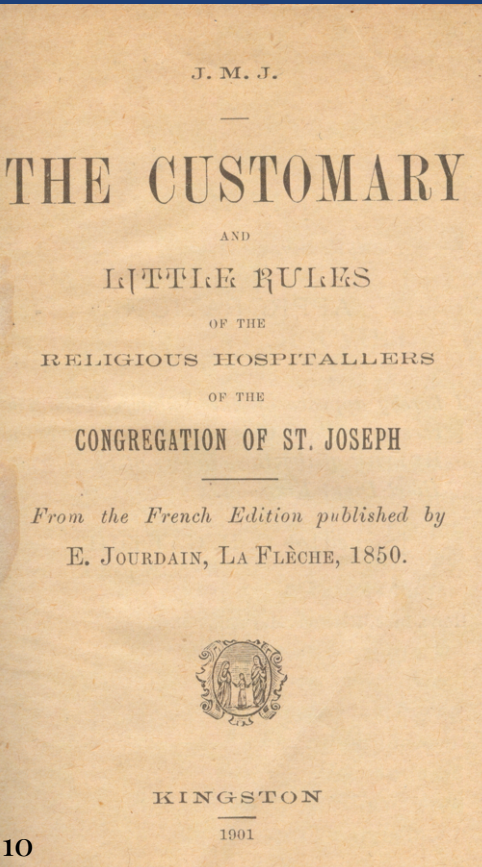
COLLABORATION PROJECT

Plans to build an archive facility to house the historical documents and artifacts of the Religious Hospitallers of St. Joseph, the Sisters of Providence of St. Vincent de Paul, and the Archdiocese of Kingston, were communicated in a letter to parishes on April 17, 2023. Background information related to this decision can be found here in the Pastoral Letters webpage of the archdiocesan website.

Caring for the Past and Serving the Future of the Living Church

For many years, the archives of the Religious Hospitallers of St. Joseph (RHSJ), the Sisters of Providence of St. Vincent de Paul (SP) and the Archdiocese of Kingston have accrued documents and artifacts of historical, spiritual, and cultural significance as required by Canon law and as deemed prudent for posterity sake. While there are many intersections that intertwine the histories of these congregations and the faith communities of the Archdiocese, all three sets of archival records are distinct and unique. In 2015, Archbishop O'Brien initiated a process to bring together representatives of the RHSJ, SP, and the Archdiocese as well as their respective archivists to discuss the potential of collaborating on a shared space to maintain the archival collections. All partners agreed to work together and eight years later, plans for a shared archive space are now coming to fruition.

Pictured right: Rodney Carter, MIST., Archivist for RHSJ St. Joseph Region Archives,



Archbishop Mulhall shares great enthusiasm for the collaborative archive project, "This partnership initiative creates a unique opportunity to care for the past and serve the future of the living Church within the Archdiocese of Kingston", explained His Grace. All partners in the archive project are deeply committed to its importance and success. Sr. Marilyn Larocque RHSJ, shared, "I feel that preparing others to continue to pass our mission, values, and ethics is vital. The early history of the foundation of the Congregation of the Religious Hospitallers of Saint Joseph with its discernment process and how it began involves storytelling of what was lived and what we are living today. Our Archival documents are essential to this process. This is a heritage that needs to be valued and lived to the fullest in order to prepare for what is needed in the future, especially leadership roles" Rodney Carter, RHSJ Archivist, has been responsible for the archival collection of the RHSJ since 2004. He noted, "The congregations are coming to completion, so maintaining their legacies and works of sustained service is essential. They laid the foundation of social services in the Kingston region, opening the hospital in 1845 to all members of the community regardless of religious denomination or ability to pay for services. Caring for the poor, the sick and the needy is their legacy and the archives hold the administrative records of these many years of service."

Pictured left: Title page of the Customary and Little Rules of the RHSJ printed in Kingston (1901)



Sisters of Providence Victorian Photograph Album. 1880s-1890s.

A unique attribute of this collaboration between the RHSJ, the SP and the Archdiocese will be the potential benefits to parish communities across the region. As one of the oldest dioceses in Canada, some records in the Archdiocese of Kingston date back to the 1790s. "In addition to cataloging and preserving this collection, providing access to records, as appropriate, will be a great benefit to people interested in local history," states Rodney. "We are looking forward to being a service to parishes to help them keep their records with an interest for long-term preservation. We may also be able to assist or provide advice for sharing the heritage of significant anniversaries of parishes."

The RHSJ archive is currently located in what was intended to be a temporary location in Hotel Dieu Hospital. Rodney shared that he is looking forward to being able to welcome guests and researchers into an accessible facility where there is space to view and even display documents and artifacts.

Veronica Steinburg, the Archivist responsible for the SP archives since 2011, maintains the records and artifacts dating back to the arrival of the Sisters in the Kingston area on December 13, 1861. Veronica identified many benefits to the development of the new shared archive space at the Pastoral Centre, "it will be an asset to have them all in the same place – they speak to one another even though they will be maintained as separate collections." Veronica stated, "We will be able to create displays that will bring aspects of the collections to life for current generations." Sr. Gayle Desarmia, who served as Archivist for the SP Congregation from 1989 to 2011 expressed a sense of relief that the future of the archive is secure, "the location is ideal as it will be centrally available to everyone and well cared for by the professional archivists moving with the collections." Sr. Gayle noted, "The Sisters of Providence of St. Vincent de Paul are the only religious order founded in Kingston and the archives contain annals detailing their work with the orphaned, the sick, and the poor in Kingston and as far away as Trenton to the west and Renfrew to the north/east."



Pictured above: Cross stitch sampler stitched by Sr. Mary Clare Doran when she entered the Sisters of Providence in August 1931.

Below: Veronica Steinburg, MIST., Archivist for Sisters of Providence of St. Vincent de Paul



In addition to being centrally located, the new archive will feature heating, ventilation, air conditioning technology, and climate control mechanisms specifically designed to ensure the preservation and safe storage of very old documents, photographs, and other artifacts. The construction of the archive facility will begin later this spring or early summer at the Pastoral Centre on Palace Road, Kingston to house all three collections. An endowment fund, created by the Sisters of Providence of St. Vincent de Paul, the Religious Hospitallers of St. Joseph, and the Archdiocese of Kingston has been established to cover all construction and ongoing operating costs associated with the archives. Updates on the progress of this collaborative initiative will be shared in future Journey publications.

Pictured above: Presentation drawings for St. Frances De Sales Hospital, Smiths Falls 1904 and St. John's Convent, Perth, 1904

Pictured left: Quilled reliquary made by the RHSJs of Montreal for the RHSJs of Kingston in honour of the installation of Bishop James Vincent Cleary (1880)

ATTRIBUTES OF A PERMANENT DEACON

**Deacon Robert Wojcik – Formation Coordinator
Office of the Permanent Diaconate**

This commentary is a follow-up to the article “The Archdiocese of Kingston is seeking men with a deacon’s heart” in the December 2022 issue of the Journey (link) Possessing a deacon’s heart opens one up to the gifts of the Holy Spirit. “The spirit of the Lord shall rest on him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and the fear of the Lord” (Isaiah 11:2). Once these gifts have been allowed to take root and nourished into their fullness, they will become evident to all, by the way a man leads his life. These gifts will be visible to others as fruits of the Holy Spirit. “the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control” (Gal 5:22-23).



These fruits tend to make a man live his life more simply and humbly. A humble man is inclined to be comfortable with the lowest place. Just think of the parable of the wedding banquet: When Jesus noticed how the guests chose the places of honor, he told them a parable. “When you are invited by someone to a wedding banquet, do not sit down at the place of honor, in case someone more distinguished than you has been invited by your host; and the host who invited both of you may come and say to you, ‘Give this person your place,’ and then in disgrace you would start to take the lowest place. But when you are invited, go and sit down at the lowest place, so that when your host comes, he may say to you, ‘Friend, move up higher’; then you will be honored in the presence of all who sit at the table with you. For all who exalt themselves will be humbled, and those who humble themselves will be exalted.” (Luke 14:7-11). This scripture passage prompts me to recall a story written in the introduction to the book “The Second Mountain: The Quest for a Moral Life” written by David Brooks (2019). The story is about a hospital janitor named Luke. In the hospital where Luke worked, there was a young man who’d gotten into a fight. This young man was seriously injured and was now in a coma and he was unlikely to ever recover. Every day, his father sat by his bedside in silent vigil and had done so for six months. One day Luke came into the young man’s room to clean it. The young man’s father wasn’t there now, since he was outside smoking a cigarette. Later that day, Luke ran into the father in the hallway. The father barked at Luke and accused him of not cleaning his son’s room.

Luke’s response could have been to shout back and say, “I did clean your son’s room, when you were outside having a cigarette.” Instead of focusing only on his job’s duties, Luke humbly looked beyond it and realized that he is to serve the patients and their families. Luke understood that the father lashed out in pain and that he needed to be comforted. So, Luke decided to clean the room again. Luke later said, “I cleaned it so that he could see me cleaning it.... I can understand how he could be. It was like six months that his son was there. He’s been a little frustrated, and I cleaned it again. But I wasn’t angry with him. I guess I could understand.” Luke’s response showed his willingness to share in the ministry of Jesus Christ by living the Gospel values of forgiveness, compassion, and humility. Luke is a man with a deacon’s heart.



Archbishop Michael Mulhall has indicated that a new Formation Program for diaconal inquirers will begin in the Fall of 2023. If you feel called to serve God and the Church by following in the footsteps of Christ the servant, please talk with your parish priest, or deacon or call me at 613.548.4461 ext. 116; email diaconateform@archkingston.ca

ANNUAL CONVENTION OF THE KINGSTON DIOCESAN COUNCIL OF THE CATHOLIC WOMEN'S LEAGUE OF CANADA



By: Lyne Tuepah, President

The Kingston Diocesan Council of The Catholic Women's League of Canada welcomed 173 delegates and guests on April 29 and 30, 2023 to their 101st Annual Convention held at the Quality Inn and Conference Centre in Kingston. The weekend was filled with opportunities for spiritual growth, education and sisterhood.

The Diocesan theme of 'Reconnect' was embraced and experienced throughout the weekend. We opened the two-day event with a Eucharistic Celebration, in thanksgiving for Life Member, Dorothy Meehan. We were then greeted by the Military Ordinariate, the United Church Women and the Anglican Church Women. Shari Guinta, our National President-Elect, brought us a welcoming message from our National President, Fran Lucas and Wilma Vanderzwaag, our Provincial 1st Vice President, brought greetings from our Provincial President, Linda Squarzolo.

Father Shawn Hughes of St. Mary's Cathedral provided a heartfelt presentation of the good works happening at St. Mary's Drop-In & Warming Centres. A monetary and food donation was provided to assist in their efforts. After a beautiful Crowning of Mary prayer service, we welcomed our keynote speakers: Sister Rose Clare and Sister Philomena of the Queenship of Mary Community in Ottawa. Building on our National theme of 'Catholic and Living It!', the sisters described how the Eucharist, Mary and the Holy Spirit keep them rooted in their faith.

Pictured Left: Life Members. Back row: Geraldine Canning, Stephanie Spinelli, Bernadette Burgess, Betty Anne Brown-Davidson (Honourary), Anne Madden, Kathy Huffman. Front row: Eleanor Taggart, Carmel Foster, Catherine Lortie

Pictured Right: Key Note speakers Sister Rose Clare and Sister Philomena, Queenship of Mary Community



We remembered our Missing and Murdered Indigenous Sisters by exchanging a single earring for a little red dress with the name of a sister on it, while promising to pray for them; and concluded by praying as a group. Father Stéphane Pouliot, Diocesan Spiritual Advisor, along with Sister Rose Clare and Sister Philomena, lead us in evening prayer to close the afternoon session. After dinner Saturday, six teams tested their trivia knowledge of religion, Canada, CWL, and pop culture to compete and become the Trivia Champions. Our Sunday session started with a wonderful Living Rosary for Peace, followed by a demonstration by 3 CWL angels showing us how our parish councils are 'Making a Difference', living out our Provincial theme.

The highlight of the weekend was the long-awaited '100 Year Presentation' of our CWL Diocesan history, presented by our Life Members and Past Presidents. There were skits, props, laughter and learning. We were honoured to welcome as our guests the grandson and wife, as well as great-granddaughter of our very first Diocesan President, Mrs. Fergus J. O'Connor, to witness the show.

Pictured left: Theresa Stafford

Pictured below: Reaffirmation of Officers. Back row: Nancy Richer, Lyne Tuepah, Father Stéphane Pouliot, Karen Mulvihill, Angela Town. Front row: Annette Meadows, Colleen Hill, Bernadette Veitch, Elizabeth Knudson, Mary Lou Hills, Maureen Vincentine

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Our closing Mass at St. Mary's Cathedral was celebrated by Archbishop Michael Mulhall and concluded with a reaffirmation of the Diocesan Officers. The collection raised over \$2,000 and will be distributed to both our Seminarians as well as the Retired Priest Fund. Our banquet topped off the festivities with 145 in attendance, including 26 clergy. The success of the annual convention was made possible through the collaboration and effort of many councils working together. The weekend was truly a big step towards 'Reconnecting' with our Sisters in the League.

God is good, all the time!



The Letter

By Bronek Korczynski

Pentecost May 24, 2015, Pope Francis formally released his prophetic encyclical letter, *Laudato Si' – On Care For Our Common Home*. In the eight years that have followed, the Holy Father's unprecedented letter on the global climate crisis continues to both challenge and inspire people of all faith traditions (indeed, of no religious affiliation) to take notice, re-evaluate personal and corporate decisions and to make changes.

One particularly creative response to the Pope's call has been the making of the film "The Letter". Released on the Feast of St. Francis, October 4, 2022, this evocative documentary has inspired audiences world wide. "The Letter," says Cardinal Michael Czerny, "is a clarion cry to people everywhere: we have to act together, we have to do it now."

"The Letter" tells the story of a journey to Rome of frontline leaders to discuss the encyclical letter *Laudato Si'* with Pope Francis. The exclusive dialogue with the Pope, included in the film, offers a revealing insight into the personal history of Pope Francis and stories never seen since he became the Bishop of Rome. The Roman Catholic/Anglican Justice and Peace Commission, along with Kingston Interfaith Group, Green Group and Sisters of Providence of St. Vincent de Paul, recently hosted the film at The Screening Room in downtown Kingston. Following the presentation, the audience was invited to participate in a conversation with two guest speakers, Jadyn Kuah, representing a Queen's environmental action group, and Yvette Baninla, a post-doctoral environmental scientist from the Cameroon. The open session, moderated by Jeremy Milloy from the Providence Centre for Justice, Peace and Integrity of Creation, was characterized by a variety of positive comments about the film and its impact.

Locally, Sr. Jeannette Filthaut, SP, has taken a leadership role in promoting the *Laudato Si'* Movement within our Archdiocese. You will find significant resources on the Archdiocese of Kingston web site at www.romancatholic.kingston.on.ca/laudato-si, www.laudatosiactionplatform.org or www.laudatosi.org.

You can view this film free of charge at www.theletterfilm.org/watch or contact the Commission at to arrange a group presentation. It is definitely more impactful on a bigger screen followed by dialogue. For more information on this and the work of the Justice and Peace Commission in general, contact Mary-Jo MacKinnon-Simms at religioused@archkingston.ca.



Pictured (left to right): Guest panelists Yvette Bininla, Jeremy Malloy (moderator), and Jadyn Kuah

Help Your World
do not waste water



Take Short Showers.
Use a Cup of water to brush
your teeth.



Mary, Spouse of the Holy Spirit and Handmaid of Humanity

Always in the Easter season, we honour the Blessed Virgin Mary throughout the month of May and turn our hearts to her in prayer, seeking her intercession with Our Lord. She is the Queen of Heaven and Earth, our mother, and Mediatrix of Grace. She is our model in faith. Pope St. John Paul II describes Mary's role in salvation history and in the Church today in the following way: "...Through her, the Sun of Justice was to rise in the world. Through her, the great healer of humanity, the reconciler of hearts and consciences, her Son, the God-Man, Jesus Christ, was to transform the human condition and by his death and resurrection, uplift the entire human family. As a great sign that appeared in the heavens, in the fullness of time, this woman dominates all history as the Virgin Mother of the Son, as the Spouse of the Holy Spirit, and as the Handmaid of humanity." (excerpted from Mary's Yes – Meditations on Mary Through The Ages, edited by John Rotelle, O.S.A., Servant Press, Ann Arbor, 1988)

As handmaid of humanity, Mary brings us to her Son, Jesus Christ. Devotions to Mary, in recognition of her special role in salvation and in thanksgiving for her intercession, are celebrated in a special way throughout the month of May. Common traditions include Crowning of Mary ceremonies where a floral wreath is placed on the head of a statue of Mary. Many parishes and prayer groups come together to pray the Rosary and Marian hymns are often used in liturgical celebrations. There are three Marian days of celebration in the month of May; the Feast of Our Lady of Fatima on May 13th, the Memorial of the Blessed Virgin Mary, Mother of the Church on May 29th which is always celebrated on the day after Pentecost, and the Feast of the Visitation of the Blessed Virgin Mary on May 31st. As Patroness of the Archdiocese of Kingston, we turn our hearts to Mary in a special way seeking her guidance and prayers, throughout this month of May and especially in the Easter season we pray the Regina Caeli,

Queen of Heaven, rejoice, alleluia.

*For He whom you did merit to bear, alleluia. Has
risen, as he said, alleluia.*

Pray for us to God, alleluia.

*Rejoice and be glad, O Virgin Mary, alleluia. For
the Lord has truly risen, alleluia.*

Let us pray. O God, who gave joy to the world
through the resurrection of Thy Son, our Lord

Jesus Christ, grant we beseech Thee, that
through the intercession of the Virgin Mary,

His Mother, we may obtain the joys of
everlasting life. Through the same Christ our
Lord. Amen.



Artwork: Annunciation by Fra Angelico, 1450



Art by Paige, Grade 4, ERLS

FESTAS DO ESPIRITO SANTO FESTIVALS OF THE HOLY SPIRIT



*O Espírito Santo
está vivo em nós.
The Holy Spirit is
alive in us.*

Pictured: Fr. Manuel Tavares prays for the blessing of the Holy Spirit over Joe Ponte (2011).

By Fernanda Ponte

There is a festival tradition dating back as early as the 1400's, originating from the Azorean Islands in Portugal and still celebrated today in many communities outside of Portugal, as well as our own Our Lady of Fatima Parish. It is called Festas do Espírito Santo, the Festival of the Holy Spirit, and as well as being in honour of the Holy Spirit, it is a celebration of unity and equality by a community built on faith as a way of life. It takes place during the seven Sundays of Easter leading up to Pentecost and Trinity Sunday with a series of coronations to revere and receive the blessings of the Holy Spirit. There are six families from the community drawn from a lottery the year before, and in the week leading up to their coronation, the family reverently prepares an altar with the silver crown, sceptre, and flag of the Holy Spirit in their home. The crown itself is a seven-pointed crown to represent the seven gifts of the Holy Spirit, with the image of a dove on top. The room is decorated with fresh flowers, candles and lights, and daily prayers are said throughout the day with many family members, neighbours and invited guests attending.

On the Sunday of the coronation ("coroação"), there is a procession into the church with the silver crown, as well as candles and flowers, and the red flag of the Holy Spirit. Sometimes, sweet bread ("massa") and wine is carried in as well on silver trays lined with beautiful handmade linen as a gift to the priest.

When the Mass has ended, the priest performs a ritual of prayers, and the anthem of the Holy Spirit is sung as the priest holds the crown over the recipient. The recipient then turns around to face the parishioners while holding the sceptre. As well as representing the gifts of the Holy Spirit, the crown and sceptre represent their commitment and responsibility to worship.



My late husband Joe Ponte and I were honoured and privileged to have been the “Mordomos” here in Kingston at Our Lady of Fatima Parish. Our large community helped make the celebrations very memorable in prayer and recreational activities.

A significant part of the festivities includes a large banquet and everyone in the community is welcomed. This community banquet stemmed from the tradition of giving bread and food to the poor, beginning with the reign of Saint Queen Isabel of Portugal. The “Mordomos”, usually a husband and wife, chosen by the community the previous year, are the head of the Festas. They contact people to see who can help or donate their products or services towards this festival and feast. They, along with a committee, organize this large celebration.

These festivities take place on the final Sunday of Easter, Trinity Sunday after the last crown is bestowed on the Mordomos. Traditionally, marching bands parade around the village with the family carrying the large crown, and other families carrying their own smaller crowns. Each village and island have its own version of the meal, but the traditional feast consists of Sopas de Espírito Santo (soup of the Holy Spirit) made of beef and vegetables, sweet bread, rice pudding (arroz doce), and homemade wine, served in an outdoor chapel or more recently the parish hall. The crown of the Espírito Santo is always displayed on a decorated altar where people go to say a prayer in reverence.

This tradition of keeping the Holy Spirit alive in our hearts and allowing the gifts into our daily living is very important to the Portuguese community, and we believe that the Holy Spirit “Espírito Santo” is alive and should have a sacred dwelling place within us.

*Come Holy Spirit and fill the hearts of thy faithful.
Hear our prayer o Lord, and send us your Spirit to guide and strengthen us today.*

Retirements & Farewells

Retirement of Monsignor Joseph Lynch



Monsignor Joe Lynch was born in 1942, grew up in Centreville, and attended St. Anthony Padua parish with his parents and seven siblings. He attended Queen's University graduating with a Bachelor of Arts degree (BA) in 1967 and a Master of Education (MEd) degree in 1974. He began a teaching career in 1964 at Regiopolis-Notre Dame Catholic High School where he remained until 1983. Having discerned a vocation to the priesthood, Monsignor Lynch entered St. Augustine's Seminary in Toronto and was ordained at St. Mary Cathedral in Kingston on June 9, 1987. He was assigned as Associate Pastor at St. Mary Cathedral from 1987 to 2004. He was appointed to the roles of Vicar General and Chancellor of the Archdiocese in 1992 by Archbishop Spence and fulfilled these responsibilities until 2020, supporting the leadership and mission of three successive Archbishops. Monsignor Lynch completed the Licentiate in Canon Law (JCL) in 1996 in service of the Archdiocese. In 2001 he received a Prelate of Honour from the Church and the title, Monsignor, was conferred to him by Pope St. John Paul II.

In 2004, Monsignor Lynch was assigned as Pastor to St. Joseph parish, Kingston, and the Church of the Good Thief from 2010 to 2013. He remained at St. Joseph until his retirement in August 2022. Reflecting on his fellow priest, Fr. Tim Shea stated, "Joe Lynch was my homeroom teacher in Grade 11. He took his teaching very seriously and was good at it. He took his priesthood very seriously and was good at it!". His commitment to Catholic education never wavered from those early years as a secondary teacher. His many contributions to Catholic education within the region were recognized by the ALCDSB Board of Trustees in October of 2022. During Monsignor's last homily at St. Joseph on August 14, 2022, he emphasized his deep gratitude to his parishioners saying, "You, the parishioners of St. Joseph, have taught me by your cooperation, your support, and your love...I owe to you and to your little ones, so much, so very much and I thank you". Parishioner, Eric Bennett commented, "What stood out to me were his carefully crafted and instructive homilies, his unwavering faith in the goodness of people, and his completely unselfish readiness to serve those in need of assistance and comfort. Msgr. Lynch often reminded me of St. Joseph - the Lord's good and faithful servant." Thank you, Monsignor Lynch, for your life of priestly service within the Archdiocese of Kingston, and may God bless you in your retirement.

Thank You & Best Wishes to Nadia Gundert



Nadia Gundert joined the Pastoral Centre staff at the Archdiocese of Kingston in September 2011 as Youth Ministry Coordinator. As a graduate of the University of Toronto, St. Michael's College Youth Ministry Certificate program, and a member of the Ontario College of Teachers, Nadia's passion for working with youth and enabling meaningful opportunities for faith formation served her and the youth of the parishes of the Archdiocese very well. Over the past eleven years, Nadia facilitated World Youth Day pilgrimages, Steubenville Youth Conference delegations, Sacramental retreats for parishes, Totus Tuus summer programs for youth, and much more.

In the fall of 2022, after 11 years working for the Archdiocese of Kingston in Youth Ministry, Nadia has discerned a new path and is working in residential real estate. We thank Nadia for her many contributions as Youth Ministry Coordinator and for sharing her many gifts within the Archdiocese and wish her and her family many blessings as she progresses with her new career.

TOTUS TUUS

Totus Tuus is a Catholic summer camp in the Archdiocese of Kingston filled with faith and fun! Campers will enjoy a week-long summer program packed with skits, songs, games, sports, crafts, and engaging faith activities.

For more information on Totus Tuus and to register online, please visit ww.romancatholic.kingston.on.ca/totustuus. Registration is open until June 30. If you have any questions, please contact totustuus@archkingston.ca.



 **SCAN ME**

DAY CAMP

**Children entering grades 1-6
Monday-Friday; 9am-2:30pm
Registration Fee: \$100
Extended day care till 4 pm available for an additional \$25**

FAITH. FUN.

**JULY 10-14 - BELLEVILLE, ST. MICHAEL'S
JULY 17-21 - PERTH, ST. JOHN'S
JULY 24-28 - KINGSTON, ST. PAUL'S
JULY 31-AUGUST 4 - KEMPTVILLE, HOLY CROSS**



**JULY 9-13 - BELLEVILLE, ST. MICHAEL'S
JULY 16-20 - PERTH, ST. JOHN'S
JULY 23-27 - KINGSTON, ST. PAUL'S
JULY 30-AUGUST 3 - KEMPTVILLE, HOLY CROSS**

**EVENING CAMP
Youth entering grades 7-12
Sunday-Thursday; 7-9pm
Registration Fee: \$25**



UPCOMING EVENTS



Multicultural Food Festival

Sunday, June 11, 2023; 12noon – 3:00 pm

St. Paul the Apostle Parish Hall & Outdoors (1111 Taylor Kidd Blvd. Kingston, ON)

The CWL & Knights of Columbus have collaborated to host a Multicultural Food Festival to showcase the many countries represented at our parish! Taste foods from around the world. Enjoy music, a fun photo booth, and a craft corner for young/old alike. All proceeds go towards the parish fundraising efforts. Admission by Goodwill Offering.



Annual Chicken Barbecue and Raffle

Saturday, July 8, 2023; 4:00 pm – 7:00 pm

Annunciation of the Blessed Virgin Mary Parish Hall (669 Church Road, Enterprise)

Join us for the Annual Chicken BBQ and Raffle. Serving will be 4 – 7 pm rain or shine. Mass will be at 4 pm. Prices are \$18 for adults, \$12 for students ages 6–13, Free for children 5 and under. Music, a Raffle draw and Silent Auction table are available. All are welcome. Come for a wonderful dinner and great entertainment.



Accompaniment and the Good Death

Saturday, June 10, 2023; 9:30 am – 2:00 pm

St. Paul the Apostle Parish Hall (1111 Taylor Kidd Blvd, Kingston)

A conference on end-of-life issues sponsored by the Archdiocese of Kingston. A time for accompaniment, discernment, and respect for human dignity. Speakers: Archbishop Michael Mulhall; Dr. Leonie Herx, MD, PhD, CCFP (Palliative Care Specialist); Deacon Bill Gervais, BA, MDiv, DMin (Former Director of Pastoral Care at HDH). Admission is free, but registration is required, and space is limited. Please register by June 5 by calling Elisabeth at (613)548-4461, or email religious@archkingston.ca. Lunch is provided. Please indicate if you have any food allergies.



Cemetery Workers Seminar

Wednesday, July 5, 2023; 10:00 am – 3:00 pm

Francis J. Spence Pastoral Centre, Room A (390 Palace Road, Kingston)

A seminar for discussion and support covering the following topics: BAO Requirements; Industry Updates and Changes; Cemetery Best Practices, and more. For more information contact Phil Wilson at cemeteries@archkingston.ca.

Please register by June 28 by phoning (613)548-4461 or emailing pastoralservices@archkingston.ca.



St. Mary's Cathedral 175th Anniversary Mass

Sunday, August 13, 2023; 10:30am

279 Johnson Street, Kingston

Mass followed by an 'old fashioned' reception on the cathedral lawns.



OUR LADY OF DIVINE FIRE MISSION

Guiding God's people to holiness, healing and freedom, and equipping them for mission.

For more information contact Miriam Wright at ourladyofdivinefire@gmail.com or visit <https://encounterschool.org/kingston/>

Are you looking for greater power to live as a beloved child of God? Do you want Scripture to come alive and to experience a personal Pentecost? Do you desire to bring others into the saving, healing love of Jesus?

May 27, 2023

July 10-13, 2023



Our Apostolate offers you:

1. Opportunities to encounter God and His healing power and love. Join us for upcoming healing services and Transformation Nights. ([Link to May 27 Pentecost Vigil](#))
2. Personal prayer ministry led by trained/certified leaders, including physical healing, inner healing and Unbound freedom in Christ. Attend an event or book an appointment.
3. Programs to grow as a Spirit-filled disciple, including:
 - Intimacy with God through meditative prayer
 - A 2-year certificate program to equip you to share the Gospel in your daily life: Encounter School of Ministry (ESM) – Kingston Campus
 - "Summer Intensive" as an introduction to the ESM ([Link to July 10-13 event](#))

In 2022, Our Lady of Divine Fire Mission received permission from Archbishop Mulhall to operate in the Archdiocese of Kingston.

ENCOUNTER
KINGSTON CAMPUS

14th Annual

Women's Fall Retreat

*Arise,
My Beloved!*



**Keynote Speaker
Miriam Wright**

Miriam's passion is helping people embrace their identity and destiny in Christ as a beloved child of the Father. She has travelled to countries on four continents to lead others to experience a personal Pentecost and freedom in Christ. Her desire is to see everyone experience the fire of Divine Love which empowers us to fully embrace our baptismal call to holiness and mission.

Miriam and her husband Bill are members of St. Paul the Apostle Parish in Kingston.



**Saturday
October 21st, 2023
9:00am - 3:30pm**

**Holy Cross Church
Parish Hall**
503 Clothier St, Kemptville

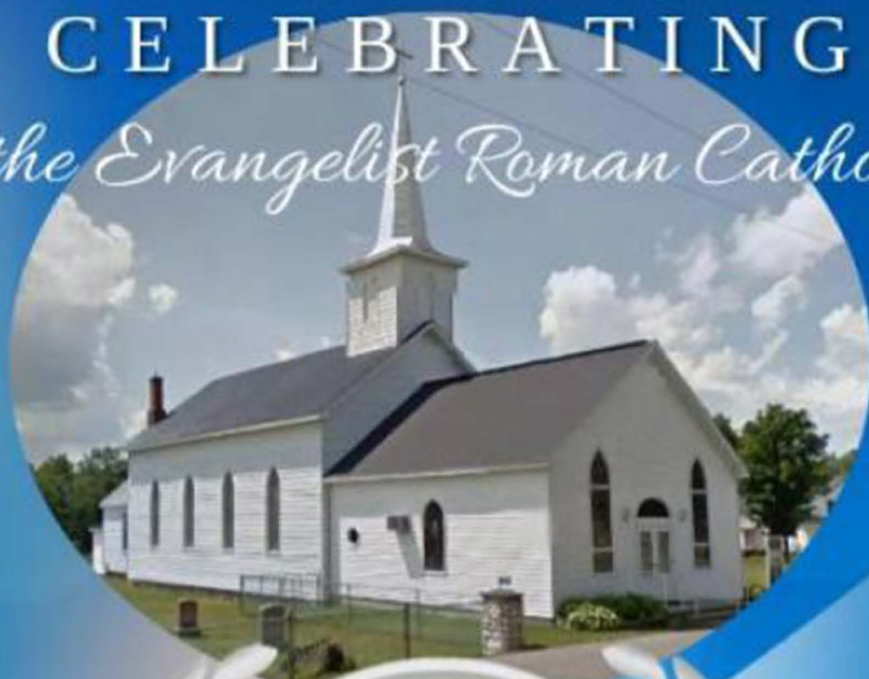
In Person: \$70

Register Now

www.womensfallretreat.com

CELEBRATING

St. John the Evangelist Roman Catholic Church



1873

150TH
YEAR

2023

Anniversary

Sunday, August 20th, 2023
11:00am Mass

St. John the Evangelist Church

3529 Flinton Road
Flinton, Ontario

~ PASTOR ~

Reverend Paul Njoku

Light Lunch to follow at the Flinton Rec Centre, 72 Edward Street

RSVP by August 6th, 2023 ~ Maude: 905-449-2160 or stjohntheevangelist3529@gmail.com